

*You're invited to attend:*

# *Families Sharing Without Shame's Series*

October 1, 2020:  
6:30 - 8:30 pm

## **Addiction In My Family**

**Identify Family Roles, Cycle of Addiction & Healing**

October 8, 2020:  
6:30 - 8:30 pm

## **The Stages**

**Stages of Change, Stages of Recovery & Boundaries**

October 15, 2020:  
6:30 - 8:30 pm

## **Name it, Claim it, Tame it**

**Identify feelings of Blame, Guilt & Shame, Stages of Relapse**

**Join the conversation to learn how addiction affects your family.**

*Presented by:*

***Donna Marston***

Author, CRSW, Recovery Coach, Harm Reduction Trainer  
Mother who learned how to heal her broken heart

*Hosted by:*

**MWV Supports Recovery  
F.A.S.T.E.R. Program**

Each series is \$10.00 per person. Register and pay at:

<https://www.eventbrite.com/e/families-sharing-without-shame-series-tickets-122634927369>

an email with the zoom link will be sent to you  
2 days before & the day of the presentation