

Addiction and Recovery Resources from the New Hampshire Council of Churches Addiction and Recovery Task Force

The Addiction and Recovery Task Force of the New Hampshire Council of Churches seeks to further care and destigmatization of those living with substance use in faith communities. These resources are designed to help you pull in work around addiction and recovery to your Lenten and Eastertide offerings, but also to resource you across the church year.

Full-Length Books

These are a great option if you are looking to do a congregational read, or small group book study on the themes of addiction and recovery this Lent, Eastertide, or beyond. Each of these books is either autobiographical in nature, or centers the voice of someone in recovery with wisdom from their recovery journey.

1. Addiction Nation - Timothy McMahan King
2. Courageous Faith - The Rev. Dr. Emily Heath
3. Our Stories of Experience, Strength and Hope - Fellowship of Recovering Lutherans
4. Traveling Mercies - Anne Lamott
5. Love Heals - Becca Stevens
6. I'm Black and Sober: The Timeless Journey of a Woman's Journey Back to Sanity - Chaney Allen
7. Runaway Girl - Carisa Allen

Prayer and Devotional Resources

Some of these are laser focused on addiction and recovery. Others are more broadly for times of crisis, or the like, but offer wisdom for the journeys of addiction and recovery.

1. Celtic Prayers in a Time of Crisis compiled by Ellyn Sanaa (these are a wonderful resource for "a prayer a day" on church social media during Lent)
2. Devotionals: <https://www.addictionandfaith.com/daily-devotions-2/>
3. Blessings and Rituals for Unsheltering from the United Church of Christ Still Speaking Writers Group
4. Evening Prayer Celebrating Recovery: <https://drive.google.com/file/d/1CoirLg8sNVmWVfPgzhAKPiKumF0NLidk/view>

Online Resources

Each of these resources offer tools to take this work deeper in your communities, and to grow your collective wisdom.

1. Center for Addiction and Faith - <https://www.addictionandfaith.com/>
2. Hospitality Consultation for those seeking to create welcoming faith communities for sober people, and sober curious people - <https://erinjeanwarde.com/hospitality-consultation/>

3. Faith in Harm Reduction - <https://harmreduction.org/our-work/action/faith-in-harm-reduction/>
4. Holy Harm Reduction - Lady Preacher Podcast - <https://podcasts.apple.com/ni/podcast/minister-blyth-barnow-holy-harm-reduction/id1510492787?i=1000526574061>

Pastoral Care and Support Resources

If you are a pastoral, or spiritual care giver looking to add resources to your library, or files? These may be helpful (in addition to what we suggest above).

1. Addiction and Grace - Gerald May
2. Addiction and Pastoral Care - Sonia Waters
3. UU Addictions Ministry - <https://uuaddictionsministry.org/>
4. Recovery Ministries of the Episcopal Church - <https://www.episcopalrecovery.org/>